

Hardy Perennials for Gardens (CSAL 13)

(45 hours)

Learn about fifty of the best and hardiest herbaceous perennials. Identification features, habitat, cultural requirements, pests, diseases and landscape uses will be covered thoroughly. Designing perennial beds and borders as well as annual garden design will round out this course for beginners or more advanced gardeners alike. Additionally, the importance of cultivars will be stressed in perennial design. **Prerequisite:** Basic Botany. **Textbook required.**

Health & Nutrition (CSNO 3)

(45 hours)

This course will introduce the student to basic health and nutrition principles that promote a lifestyle of wellness. Health promotion and education may influence a lifestyle change from negative high risk behaviours to positive ones. Nutrition plays a significant role in promoting and maintaining health and preventing disease. Obesity and chronic diseases influenced by diet are major nutritional concerns facing Canadians of all ages and walks of life. Nutritional needs and diet modifications across the lifespan will be outlined. **Note: This course has mandatory group work. No textbook required.**

Health Assessment (CSDU 168)

(42 hours)

Health Assessment is designed to provide the student with the cognitive, affective and psychomotor skills required to conduct a complete physical examination and health assessment of the client across the life cycle. Included are health history taking, physical examination skills, health promotion techniques and clinical decision making. The focus will be on the adult client who faces health challenges and life transitions. Rationale: Health assessment and physical examination provides data needed to initiate planning, implementation of nursing care measures and evaluation of the nursing interventions related to the client's health status. This is essential for your role as a nurse in providing healing interventions for clients and families across the life span. Knowledge of normal health provides a framework for understanding the health challenges clients may face and further assessment and interventions in meeting them. **NOTE:** Video to be submitted via Web Cast, U-Tube production or DVD burned from a home video camera. **Textbook required.**

Health Assessment Nursing Theory Review (CSLO 45)

(45 hours)

This course is designed to help the nurse acquire the knowledge and critical skills required to develop and perform a complete health assessment. Assessment of each body system will include transcultural and lifespan considerations. Students will review methods of obtaining and recording a holistic health assessment including a health history, and physical and psychosocial assessments. There will be review of screening tools for the assessment of domestic violence, mental status, nutritional status, and pain. **NOTE:** There is no lab component to this course. **Prerequisite:** Current RN or RPN registration. **Textbook required.**

Health in the Workplace (CSMO 162)

(42 hours)

You will learn to develop, implement and evaluate health promotion and disease prevention programs in the workplace. You will discover the foundations of health promotion in Canada, and determinates of health and behavioural change theories. **No textbook required.**

Health Libraries and Resources (CSMO 130)

(36 hours)

Learn about key health information resources in all formats and identify the features and issues of different types of health libraries. Develop skills in searching the major indexes and electronic databases and also the World Wide Web to find quality information to meet the reference needs of your varied clients. **Prerequisite:** Intro to Libraries and Information Work I. OSSD general or advanced level with a pass standing in Grade 12 English at the general level OR successful completion of Mature Student Test. Library related experience is strongly recommended. **Note: This course has mandatory chats. No textbook required.**

Healthy Adult Aging (CSCL 28)

(45 hours)

This course examines the normal physiological, psychological, social and spiritual changes affecting aging adults using the Holistic Approach to wellness. Normal physiological and anatomical changes, as well as the dysfunctional effects of common health problems will be examined. The process of normal psychological and social aging will be addressed as well as abnormal factors such as cognitive decline. Additional topics will include spirituality, changing requirements for physical activity, and health promotion measures. Students will learn common medical terminology and charting techniques related to aging clients. **No textbook required.**

Heating Inspection 1 (CSSE 26)

(42 hours)

This subject covers installed heating systems (gas and oil furnaces and hot water boilers). Emphasis is on the inspector's ability to identify the energy source, type, material, condition, and safety concerns, as well as inspecting the heating equipment. **Textbook required.**

Heating Inspection 2 (CSSE 27)

(42 hours)

This subject covers vent systems, flues and chimneys, as well as fireplaces, other wood heating appliances, steam and electric heating systems. Students apply knowledge of these systems to the role of home inspector. **Prerequisite:** Heating Inspection I. **Textbook required.**

Herbal Therapies (CSLO 115)

(36 hours)

Review a wide variety of herbal therapies used to treat common medical conditions. Therapeutic uses, efficacy, methods of administration will be addressed with a focus on adverse reactions and herb-drug interactions. **Prerequisite:** None, though an understanding of pharmacology is helpful. **Textbook recommended.**

Hereditary, Developmental and Infectious Disorders (CSMO 89)

(36 hours)

This course discusses an array of hereditary and developmental neurological disorders such as muscular dystrophy, spina bifida, and cerebral palsy. Also discussed are epilepsy and a variety of infectious processes which can affect the nervous system. Clinical presentation, complications, and treatment modalities will be covered. **Prerequisite:** Certificate of registration as RN with College of Nurses, Neuro Assessment and Diagnosis, Neuro Anatomy and Physiology. **Software required:** Speakers. **Textbook required.**

History of Aboriginal / Canadian Relations (CSCF 6)

(45 hours)

This course will provide an overview of the historical, political and legal developments of Canada with specific emphasis on the development of the legal relationship between colonial powers and Aboriginal peoples. Discussion of the impact of the doctrines of discovery, terra nullius and an examination of the Royal Proclamation, the Treaties, the Indian Act and the BAN Act will assist students in understanding the unique legal and political position of Aboriginal peoples in Canada today. **Textbook required.**

History of Art (CSDU 179)

(42 hours)

This course serves as an introduction to the history of art through a survey of 20th century art, with an overview of works leading into the modern era. The course not only exposes students to great art but also describes the historical context in which it was created. Assignments are interdisciplinary and interactive, allowing students to use various design skills to present their ideas. Problems in visual communications can be solved in a variety of ways; it is often considered wise to look for inspiration in historical models. The 20th century has brought a variety of artistic experiences unparalleled in the history of art. Many great graphic designers have been inspired/influenced by "observing" both past and present examples in all the arts. When combined with our present technology the images created from our exposure to these historical models can be awesome. From the futurists or the constructivists; Warhol to Graves; classical Greeks to post-modern, graphic designers have the opportunity to create award winning designs whether it be for advertising, packaging, financial reports or newspaper advertising because of this rich source of information available to them. **Textbook required.**

History of Ontario Architecture (CSMO 148)

(45 hours)

The intent of this course is to introduce the student to the evolution of Ontario architecture from First Nations to modern day. With readings, assignments, and empirical observation, students will study the development of design, construction techniques, which are unique to the development of architecture in Ontario. **No textbook required.**

History of Photography (CSMO 175)

(30 hours)

This course is designed to familiarize students with photographic culture as created through the lens. Students will enhance their aesthetic sense and further develop political awareness as they explore the work of a variety of theorists and cultural critics in relation to the images they create. A strong chronology will form the backbone to the exploration of Photography. **Note: Students will need to purchase a disposable camera or use a digital camera for their photo essay. Textbook required.**

History of Small Towns (CSFA 42)

(45 hours)

This course touches a nerve for so many who are concerned that 'small towns in Canada' are out of date and have no future. By following

Canada's super highways to discover 'small towns' that are exploding with enthusiasm and activity changes that mindset. This course will identify what makes a small town successful. A new way to look at small towns will be developed through goal setting, community visioning, and strategic approaches while preparing students to embark on their own 'small town projects'. **Software required:** Word. **Note: This course has mandatory chats and mandatory group work. Textbook required.**

History of Western Architecture (CSMO 149)

(45 hours)

The intent of this course is to introduce the student to the evolution of Western architecture from ancient times to modern day. With readings, assignments, and empirical observations, students will study the development of design, construction techniques, and ideas in both individual pieces of architecture and town planning. **No textbook required.**

History of Western Civilization (CSLA 12)

(45 hours)

This study of Western civilization from the Grecian times through the Reformation traces the origins and development of our own culture. The continuity of human creativity and the links between past civilizations and the modern world are emphasized. **Note: This course has mandatory group work. Textbook required.**

History of Western Civilization II (CSLA 15)

(45 hours)

This study of Western civilization from the Reformation to the present examines European economic, intellectual, political, and social history. Events of the twentieth century and some of the ideas and forces which shape our world are given special emphasis. **Textbook required.**

Hockey Hall of Fame Presents (CSSE 38)

(42 hours)

This subject details the incredible growth of Canada's national pastime, including the NHL's formation, the "original six" and national/international expansion. **No textbook required.**

Hospital Procedures (CSCM 23)

(45 hours)

This course will provide students with a fundamental understanding of the hospital environment and the health care system. Theory and practice of the "nursing unit clerk" responsibilities and duties concerning the patient's chart and transcription of physician's orders. Personal and professional skills, confidentiality in the workplace and the "Protection of Personal Health Information Act" are also examined.

Prerequisite: Medical Terminology. **Software required:** Students must use MS Word for submissions. **No textbook required.**

Hospitality Facility Management (CSSA 31)

(48 hours)

This course will introduce students to the key components involved in the design and management of hospitality facilities. The student will acquire knowledge of the following: the nature of hospitality facilities, maintenance needs, the primary facility systems, lodging and food service design and renovation. Today's growing hospitality industry requires managers who understand the basic elements of facility design and renovation. This course provides students the required knowledge to become successful managers in the field of hospitality. **Textbook required.**

Hospitality Marketing I (CSAL 103)

(45 hours)

The importance of contemporary marketing skills in today's increasingly competitive and complex marketplace is underlined in this course. Students learn to translate ever-changing guest needs into market opportunities by planning, analyzing, researching, setting objectives and using a variety of interrelated marketing strategies. **Note: This course has mandatory group work. Textbook required.**

How to Start a Small Business (CSLO 147)

(30 hours)

This course will guide the businessperson through the process of setting up a business. Content areas include feasibility study, forms of ownership, financing, operations, marketing plans and personal skills. In short, this course will help transform your business idea into a functional business. **Note: This course has mandatory group work. No textbook required.**

HTML Intermediate (CSDU 15)

(40 hours)

Applying your knowledge of HTML and web page design this course covers Dynamic HTML. Topics covered include Cascading Style Sheets, controlling content dynamically, positioning with DHTML, implementing advanced DHTML features and structuring data with XML.

Prerequisite: HTML Introduction. **Software required:** Basic text editor. **Textbook required.**

HTML Introduction (CSDU 46)

(42 hours)

Students will learn some of the most important topics of HTML, from the basics of creating Web pages with graphics and links, using tables, and controlling page layout with frames, to more advanced topics including cascading style sheets, adding pre-written JavaScript to your HTML documents, creating a multimedia Web page, and creating a Web page with forms. **Software required:** Basic text editor and Web Browser that supports frames and HTML 4 or higher. **Textbook required.**

Human Anatomy and Physiology (CSMO 69)

(60 hours)

Diploma level anatomy and physiology course designed for students in Health Sciences or Health Care programs. Students will have the opportunity to study the human body and apply the knowledge during on-line chat sessions. This course is suitable for admission to Health Care programs and may be considered for advanced standing. **Prerequisite:** Grade 11 College or University Biology is recommended. **Textbook required.**

Human Behaviour in the Workplace (CSGG 23)

(42 hours)

Understanding human relations is essential for career and personal success. This course draws on sociological, psychological, ethical, and legal perspectives to enhance understanding of effective interactions in today's workplace. The course includes an experiential component where students learn and practice effective teamwork skills. **Textbook required.**

Human Development (CSFA 53)

(35 hours)

The focus of this course is to provide students with a theoretical foundation in human development, including cognitive, behavioural, self-actualization and other theoretic models. Students will examine the developmental stages of body, emotion, mind, values, motivations, and relationships through a range of theoretical perspectives including, Piaget, Maslow, Keene, Erickson and Kolhberg. Attention will also be given to recent research that includes a neuroscience perspective of brain development, as it relates to growth and human development. This course will also introduce those developmental factors associated with specific issues such as age or gender. **Textbook required.**

Human Development from Birth to Adulthood (CSMO 156)

(36 hours)

This course will examine the characteristics and unique features of each stage of life in typical development and contrast them with the characteristics and features experienced by individuals who are visually impaired deafblind. **No textbook required.**

Human Growth and Development (CSSF 10)

(45 hours)

This course is designed to give the student a basic understanding of the normal patterns of growth and development at various stages within the life cycle from infancy through to old age. The major theories of development will be examined to enhance understanding of this field of study. **Software required:** High Speed is recommended, dialup is not recommended. **Textbook required.**

Human Relations (CSSA 32)

(30 hours)

What makes people tick . . . and how to keep them going! Human Relations will improve your understanding of people. You will discuss motivation, handling conflict, delegation, building morale and more. Studying these topics will give you practical insights into handling people more effectively and improve your overall performance. **Note: This course has mandatory group work. No textbook required.**

Human Relations and Supervision (L & IT) (CSMO 129)

(36 hours)

Learn to apply the basic principles of supervision, including planning, recruitment, selection, training, motivation, delegation and time management in a library environment. **Prerequisite:** OSSD, general or advanced level, with a pass standing in Grade 12 English at the general level OR successful completion of a Mature Student Test. Library related experience is strongly recommended. **Note: This course has mandatory chats. No textbook required.**

Human Resource Management Principles (CSDU 4)

(70 hours)

Topics include: Strategic importance of human resources management, history, economic and societal changes, job analysis & design, planning, recruitment & selection, government & legal challenges, orientation & training, management development & career planning, work options & employee motivation, performance appraisal, compensation management, financial incentives, employee benefits & services, employee relations & practices and the Union-Management framework. **Textbook required.**

Human Resource Planning and Development (CSSE10)

(42 hours)

Learn how to forecast the human resource needs of an organization within ambient socio-political situations. **Prerequisite:** Diploma/Degree or equivalent work experience. **Note: This course has mandatory group work. Textbook required.**

Human Resources & Labour Relations in the Retirement Communities (CSCL 38)

(45 hours)

Successful Long Term Care and Retirement Homes require financial resources, (investment, capital, cash), physical resources (buildings, equipment) and human resources (people). The human resources framework involves obtaining and retaining competent employees. Managers require knowledge of competitive wage scales, pay equity, and benefit packages. Positive employee relations can be achieved through job satisfaction, conflict resolution and compliance with collective agreements and the Human Rights Code. Administrators/General Managers must meet the challenge of the increasing number and complexity of government regulations and the diversity of the workforce.

Human Sexuality (CSCG 42)

(45 hours)

This analysis of human sexuality draws on historical, theoretical, cross cultural, and life cycle perspectives of sexual attitudes, behaviours, development, and experiences. Selected topics may include: gender relations, body image, sexual diversity, arousal and response, mating, dating, and interpersonal attraction, interpersonal communication, sex education, sexual health or risk, and issues of power or intimacy.

Textbook required.

Humanities (CSHU 37)

(45 hours)

This course focuses on some of the fundamental questions individuals ask of themselves as they proceed through life. Why are we the way we are? Do we have free will or are we prisoners of our past experiences or of our biology? What motivates societies to change? Why do social changes often divide people into opposing camps? Why does work merely "kill time" for so many people? What constitute good government? How should injustice be fought? Can nations deal with global issues? Can scientists provide the solutions to the problems they create? Is objectivity about art (or anything) possible? These questions are organized into units that begin with issues concerning the nature of the individual and then extend outward to various social, cultural, and physical contexts. **Textbook required.**

Hydraulic System I (CSCM 21)

(30 hours)

This course will introduce students to basic inspection, troubleshooting, and repair procedures on hydraulic systems and controls. The subject matter will include hydraulic symbols and schematics, hydraulic coolers, and filter maintenance. **Prerequisite:** Students should have a basic knowledge of mobile equipment electrical systems. **No textbook required.**