

Child & Youth Worker – Kingston (0311 & 0811)

Semester 3 Course Descriptions

CAYW 210 Psychological Theory and Practice I

This course introduces students to how theory affects practice. The Life-Space Interview is presented as the model of intervention in which to engage the various counselling theories and techniques. Learners are encouraged to critically reflect on fundamental assumptions embedded in certain theories and taught how to integrate and synthesize this knowledge into their counselling perspectives. Learners are shown how they can adapt and apply various psychological theories into the context of child and youth care theory and practice. **(30 hours)**

CAYW 211 Creative Art Therapies

This course is designed to enable the student to understand the various forms of creative therapies (art, drama, music, play and storytelling) as methods and techniques for emotional expression and behavioural change. The course will provide the student with strategies, ideas, and some practical expertise in carrying out various creative activities. Also included will be discussions on the creative and therapeutic values of the different activities and how they can benefit both children and adolescents. **(30 hours)**

CAYW 212 The CYW in the Community I

This course is designed to promote active learning with emphasis on experiential learning. This course requires learners to identify the mandate of service providers, the level of government, and boards of directors and develop perspective of the role of child and youth worker in client advocacy and community communication. In addition, students will learn to identify the range of prevention and education programs and services in the community for “at risk” children and youth and determine the roles that child and youth workers play in the various community settings. The learner’s responsibilities in this course are to assess the needs of the community that could be met by particular advocacy and/or community education responses. **(15 hrs)**

CAYW 213 Field Placement Seminar I

This course will provide learners with small group forums, within which to discuss any appropriate field placement issues that pertain to their work experiences in the field placement practicum. The seminar is intended to promote and facilitate the integration of theory and practice, as well as to provide peer support for problem-solving and sharing successful experiences. The seminar is the link between personal and professional development, with emphasis on goal planning in clinical, organizational and personal outcomes. **(30 hrs)**

CAYW 214 Group Dynamics and Facilitation

This course is designed to give the students a theoretical framework to assess different groups they will encounter as Child & Youth Workers. This course is designed to increase the student’s knowledge in the area of group dynamics, group intervention, and group conflict and group leadership as they apply to the field of child and youth care. Learners will be taught to guide groups through the various stages of development and to engaging them in activities designed to promote healthy group interaction. **(30 hours)**

BEHA 5 Prevention & Management of Aggression – Group A

This course is designed to provide the student with a working knowledge of crisis prevention and intervention techniques. The identification and understanding of escalating behaviour levels is paramount for the child and youth worker to be able to provide an appropriate response to young people exhibiting anxious, defensive, or physically acting out behaviour. The course will significantly focus upon the potential causes of aggressive behaviour, preventive and diffusion methods, personal safety measures, as well as the direct utilization of physical intervention and the follow-up counselling process. **(15 hrs)**

INTN 1026 Field Placement Practicum I

This course provides the second year student with experience in working directly with emotionally disturbed children or youth in a therapeutic setting. The student will be given the opportunity to engage in therapeutic relationships with young people to promote growth and development. This course affords students the opportunity to design, implement and evaluate individual and group therapeutic activities, employ effective intervention strategies and to engage in professional relationships; participating effectively as a team member, consulting and working collaboratively to continuously improve the quality of service. **(312 hrs)**

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General Education Elective III

Adult learners are encouraged to broaden their college experience by attending courses from other disciplines. The college offers a wide variety of courses that the student may choose from. **(45 hours)**