

Child & Youth Worker – Kingston (0311 & 0811)

Semester 2 Course Descriptions

CAYW 120 Therapeutic Intervention Skills

Building on the techniques and skills developed in Therapeutic Relationships this course focuses on introducing foundational helping and communication skills, along with individual counselling strategies, to assist in the development of therapeutic relationships within the context of current child and youth counselling practices. This course introduces the Life-Space Interview as a method of engagement and purposeful interaction. The emphasis of this course is in using effective interpersonal and communication skills to facilitate client self-awareness and appropriate decision making in a supportive, constructive and culturally sensitive manner. **(30 hours)**

CAYW 121 Child & Adolescent Development II

This course deals with the phases of growth and development from pre-adolescence through to young adulthood. References are made to developmental theories, heredity, social norms, as well as environmental and cultural issues. The focus will be on physical, cognitive, social, and emotional development in the context of the family, education and community domains. A direct connection between theory and practice of field of child and youth work is emphasized as essential for preventative purposes. **(30 hrs)**

CAYW 122 Behaviour Management and Relationship Development

This introductory course in therapeutic strategies emphasizes the basic behaviour management techniques necessary for managing individuals and small groups. Learners will be introduced to applied behavioural analysis techniques, life skills training, and behavioural intervention strategies as effective ways to manage, alter, and redirect challenging and atypical behaviours. The learners are presented with techniques to evaluate the level of relationship between them and the child/youth and to intervene in ways to enhance this relationship through behavioural interventions. **(30 hours)**

CAYW 114 The Self in Child and Youth Care

The physical, emotional, psychological, and spiritual dimensions of well-being are the focus of this course. Students will be provided with opportunities to increase and develop personal insight into coping skills, as well as strategies and resources to develop healthy lifestyles. Topics of discussion will include: vicarious trauma, decision making, distorted thinking, recognizing personal strengths, time management, and cultivating happiness. **(30 hrs)**

CAYW 124 Therapeutic Milieu I

This is an introductory course in therapeutic environments. The concept of environment or “milieu” is fundamental to child and youth work. It is both a context to be understood (the environment the child lives in or comes from), and a setting to be altered or adapted to facilitate change. This course focuses on understanding the child’s environment from five different perspectives (physical, emotional, social, cultural, and ideological) and provides learners with strategies to enhance each of these perspectives. Students are taught to use therapeutic activities to enhance the level of safety and inclusiveness in the environment. **(30 hours)**

CAYW 125 Introduction to the Field Placement Practicum

This course supports students as they prepare for their first field placement experience. Emphasis will be placed on developing an understanding the requirements of field placement, the types of placements available, and identifying the skills and knowledge needed to be successful. Students will be required to develop goals and provide personal data to assist in the selection of their first placement experience. Students must have a clear criminal record check to proceed on to their placement practicum.

Writing in the Social Sciences - WRIT 3

This course is designed to provide learners with the foundations needed to communicate effectively and professionally in their role as a child and youth worker. In the course, learners will continue to develop fundamental writing skills necessary to provide various types of reports and other forms of written communication that will be integral to their work as a child and youth workers. **(45 hrs)**

General Education Elective II

Adult learners are encouraged to broaden their college experience by attending courses from other disciplines. The college offers a wide variety of courses that the student may choose from. **(45 hours)**