

# Child & Youth Worker – Kingston (0311 & 0811)

## Semester 1 Course Descriptions

### **CAYW 110 Therapeutic Activity Programming**

This course is designed to equip students with the attitudes, conceptual frameworks, and technical skills necessary to plan, develop, implement, and evaluate appropriate recreational and therapeutic programs for children and youth. Students will be introduced to the therapeutic value of play and the role that group dynamics and leadership development play in recreational and therapeutic programming. This course includes a lab component in which students implement therapeutic programs in an outdoor and gymnasium setting. **(45 hours)**

### **CAYW 111 Child & Adolescent Development I**

This course deals with the phases of growth and development from the early childhood through to middle childhood. References are made to developmental theories, heredity, social norms, as well as environmental and cultural issues. The focus will be on physical, cognitive, social, and emotional development in the context of the family, education and community domains. A direct connection between theory and practice in the field of child and youth care is emphasized as essential for preventative purposes. **(30 hrs)**

### **CAYW 112 Introduction to Child Abuse**

This course examines the issues and concerns associated with child abuse and neglect in Canadian society. The student will gain an understanding of how children, youth, and their families are affected by violence and abuse. Focus will be placed on the understanding of physical, sexual, emotional abuse, and neglect of children and adolescents. Treatment needs of the abused and the abusive will also be explored. **(30 hours)**

### **CAYW 113 Relational Child and Youth Work**

Therapeutic relationships are one of the core elements in the field of child and youth care. The focus of this course is to develop a foundation for effectively engaging children, youth, and families in meaningful dynamic relationships. Learners will be provided with opportunities to begin to develop their interpersonal skills and understanding of how these elements impact the therapeutic role of the child and youth worker. **(30 hours)**

### **CAYW 123 Child & Youth Care as a Profession**

The aim of this course is to introduce the student to the profession of a Child and Youth Care. Historical developments, professional journals, and professional associations (Ontario Association of Child and Youth Counsellors) within the field will be examined. The course is designed to expose learners to skills in professional goal development, giving and receiving feedback, and methods of conflict resolution. **(30 hrs)**

### **COMM 61 Communications**

This course is designed to help students develop and practice the communication skills needed to succeed both in college and in the social service profession. The course will cover the basic elements of effective communication, with emphasis on the writing process. This basic English course will prepare students for the more advanced communications courses. **(45 hrs)**

### **General Education Elective I**

Adult learners are encouraged to broaden their college experience by attending courses from other disciplines. The college offers a wide variety of courses that the student may choose from. **(45 hours)**